

# ZOE WESTON

INTERNATIONAL LEADER IN WOMEN'S HEALTH



30K  
Reach

26  
Years in Service

100K  
Impressions

## ABOUT

Trained as a wise woman in the healing and spiritual arts, Zoe specializes in the childbearing year, postpartum recovery, and healthy home design. With a background and formal education in Anthropology, she has dedicated her life to studying cultures, philosophies, religions, and health practices from all over the world. She has traveled to five continents seeking better ways of living. Through her research she has discovered a variety of cultural traditions and practices that create high levels of health.

She is part adventurer, part medicine woman, part philosopher, with a dash of satire and the soul of a poet. She would love to share her vision with you. Available for interviews and speaking events.

## PREVIOUS COLLABORATIONS

BODY, MIND, SPIRIT RADIO  
LIFE ON MAUI CABLE TV  
GUTSY WOMEN RADIO  
STARWALKER TALKS

## POPULAR MEDIA TOPICS

- Three postpartum healing methods practiced all over the world - she calls human truths
- How to eradicate postpartum depression
- Her personal postpartum nightmare and why she does what she does

## CONTACT

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