

ZOE WESTON

INTERNATIONAL LEADER IN WOMEN'S HEALTH



50K
Reach

26
Years in Service

500K
Impressions

ABOUT

Trained as a wise woman in the healing and spiritual arts, Zoe specializes in the childbearing year, postpartum recovery, and healthy home design. With a background and formal education in Anthropology, she has dedicated her life to studying cultures, philosophies, religions, and health practices from all over the world. She has traveled to five continents seeking better ways of living. Through her research she has discovered a variety of practices that create high levels of health. She teaches human truths, these work regardless of your belief systems or heritage.

PREVIOUS COLLABORATIONS

BODY, MIND, SPIRIT RADIO
LIFE ON MAUI CABLE TV
GUTSY WOMEN RADIO
SPIRIT BABY RADIO
IMPERFECT MOMMYING PODCAST

POPULAR MEDIA TOPICS

- The Benefits of Prenatal Yoga & Dance
- How did ancient women use dance during birth
- Adding music & breathwork to help ease your birth

CONTACT

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